

Participation and Community-Based Research and Practice

Talk delivered at the
Robert Koch Colloquium 2023
Social Inequalities in Health: What is known, what is needed?
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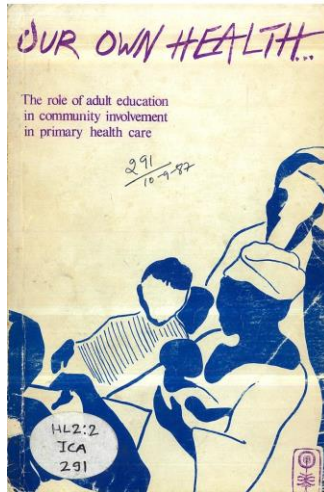
Knowledge. Voice. Democracy.

PRIA

Lessons from COVID Pandemic

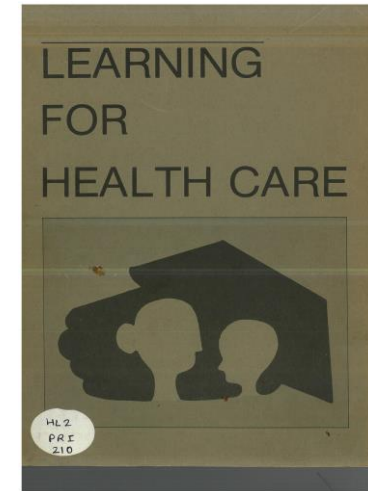
- Alma-Ata Declaration of 1978
*“Primary health care...promotive, preventive, curative...
Individuals, and communities have a right and duty to
participate individually & collectively”*
- Covid pandemic ‘forced’ promotive & preventive
- Individual and community participation... taking responsibility of own health

Popular Education Methodology



'Our Own Health'

Report on study entitled 'The role of adult education in community involvement in primary health care',
ICAE (1983)



'Learning for Health Care'

PRIA, New Delhi (1986)

Awareness-raising...critical reflections on lived realities

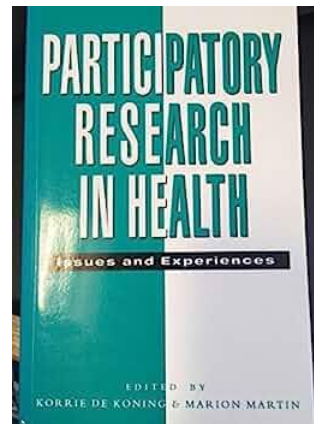
Participation as Ownership of Health

- Review current practices...start with where I am
- unlearn 'unhealthy' behaviours...demystify expert knowledge
- Relearn new...provide support
- Change entails risk, vulnerable populations
TB drug regimen not followed: Why:



Participatory Research

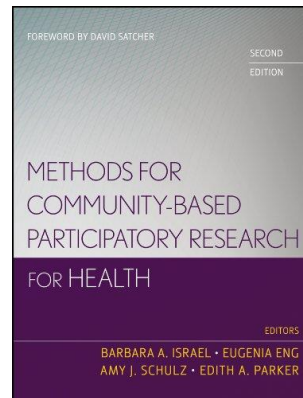
- Participatory research recognises & values experiential knowledge
- Promotes research 'with', not 'on' or 'to', communities/households
- Uses arts-based methods of research, beyond cognition...holistic



De Koning, K. & Martin, M. (1996). *Participatory Research in Health: Issues and Experiences*. NPPHCN, Johannesburg, South Africa. ISBN: 1-85649-351-2.

Beyond Public & Patient Involvement (PPI), Co-Construction

- Adolescent health in urban settlements, India
- Systematising herbal medicine, Gulu/Uganda

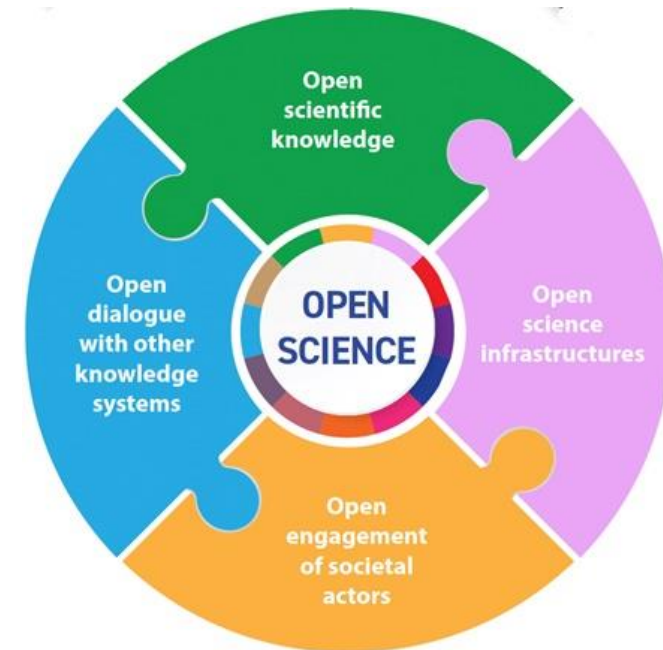


Israel, B., Eng, E., Schulz, A. & Parker, E. (2013). *Methods for Community-Based Participatory Research for Health* (Second Edition). Jossey-Bass (Wiley), USA. ISBN: 978-1-118-02186-6.



Inclusive Health, Democratising Knowledge

- Open Science & transdisciplinarity entails Participatory Research
- Ethics: power, community rights, ownership of data
- Bridging Knowledge Cultures



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Reach

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